

# Collection

WELL BEING • SAINT-SIMÉON



RELAIS &  
CHATEAUX



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Lying by the sea, in the heart of generous countryside,  
the "Ferme de Bien-Être" is an ode to serenity..

In a refined atmosphere where time stands still,  
experience our prestigious, exclusive, 100% French,  
natural collection of treatments and massages.

The powerful secrets of "Olivier Claire" face and body treatments  
enhance your wellbeing, and blend harmoniously with  
our creations of "Signature" massages.

In this relaxation cocoon, your wellness is absolute as you will be  
in the expert hands of spa-therapists.

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**OLIVIER CLAIRE**

**Baume Corps Dèlicat**  
Désaltèrant - Réparateur - Relaxant  
**Delicate Body Balm**  
Thirst-quenching - Repairing - Relaxing  
Extraits Végétaux - Plant Extracts



OLIVIER CLAIRE

F R A N C E

Olivier Claire pushes out the boundaries of the exceptional with Major Beauty Treatments, whose effectiveness comes from the irreplaceable expertise in plants of the creator "Olivier Couraud".

Starting from the observation that nature has the unique power to reveal every woman's authentic, sophisticated beauty, Olivier Claire creams combine rare plant extracts in a range 100% made in France with the highest authorised concentration level, for an unparalleled sensory experience.

The "Ferme de Bien-Être" invites you to discover its secrets with a set of modelling movements that reveal, transcend and perpetuate the beauty of face and body.

# FACIAL TREATMENTS

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## **THE GREAT MAJOR BEAUTY TREATMENT**

105 min - 195 €

The quintessence of Olivier Claire treatments illuminates your face and redefines its contours.

## **THE MAJOR BEAUTY MOISTURISING TREATMENT**

75 min - 140 €

A bubble of oxygen with smoothing effects relaxes features and rejuvenates the skin.

## **THE MAJOR BEAUTY DISCOVERY TREATMENT**

45 min - 120 €

An optimised break to illuminate your complexion.

## **THE SPECIFIC EYE CONTOUR TREATMENT**

30 min - 65 €

An exceptional protocol to refresh the gaze. Erases shadows, restores strength and shine.

# BODY TREATMENTS

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## **COMFORTING MASSAGE**

60 min - 130 €

Massage combining different delicate manoeuvres on the joints to restore the harmony of body and mind.

## **REVIVING MASSAGE**

60 min - 130 €

An energising, detoxifying experience combining light strokes, palpating/rolling and kneading to stimulate and drain the entire body.

## **COCOONING WRAP**

60 min - 115 €

This wrap, focused either on your legs, arms or belly, will revitalized and bring an unequalled softness to your skin, thanks to its exclusive formula of plant actifs.



# RITUALS WITH A TOUCH OF ART

## THE WATER LILIES

Escape into a Claude Monet's painting with Olivier Claire. This absolute treatment includes 60 minutes of "Comforting" massage followed by 75 minutes of "Major Beauty Moisturizing".

135 min - 250 €

## SWEET EXPECTATION

Harmonize your body and mind. Relieve physical tension and restore radiance to your skin during this prenatal treatment : 30 minutes of 100% tailor-made massage, followed by 45 minutes of "Major Beauty Discovery" treatment. A delicate application of oil on the belly will end this treatment gently. Offered as soon as 3 months of pregnancy.

75 min - 150 €



# MASSAGES

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## THE RECITAL

50 min - 120 € • 75 min - 140 €

Go on a ride with Erik Satie, the internationally famous composer born in Honfleur. Let yourself be cradled from head to toe by our choreography, to the soft melodies of "Gymnopédies" and "Gnosiennes".

## THE DANCERS

30 min - 70 € • 45 min - 110 €  
60 min - 135 € • 75 min - 150 €

Like Edgar Degas' dancers, our experts will make their hands dance over your body, for a tailor-made treatment using a variety of techniques, to meet your specific expectations and needs.

## THE BLISS

45 min - 110 €

This prenatal treatment offers you a moment of relaxation and connection with your baby, reducing tensions and providing a feeling of lightness and deep well-being. Offered as soon as 3 months of pregnancy.



## CARES FOR THE LITTLE ONES

### THE CUTE BIRDIES

30 min - 60 €

A moisturizing, soothing and protective facial treatment for children.

### THE TENDER TOUCH

30 min - 55 €

A soft moment to dream and unwind thanks to the gentle and relaxing maneuvers of our experts.

Please note: these cares are for children from 4 to 11 years old.  
One of the parents has to be here all along the treatment for every children under 18.





# USEFUL INFORMATION

## **RELAX**

We advise you to arrive at the wellness area 15 minutes before the start of your treatment.

## **LATE ARRIVAL**

Please note that a late arrival will reduce the time allotted to your treatment.

## **CANCELLATION POLICY**

Any treatment not cancelled at least 24 hours in advance will be invoiced.

## **CLOTHING IN THE SPA**

We will provide you with the necessary clothing.

## **PHYSICAL CONDITION AND PREGNANT WOMEN**

We kindly ask you to inform us of your physical condition when booking your treatment. The range of treatments available in the Spa is varied, and may not be suitable for every individual.

If you're taking medication, you're under 3 month of pregnancy, have recently had an operation or illness, or have a medical condition, it is advisable to consult your doctor before booking treatments. We do not wish to disappoint, however your health and well-being are always our priority.

We keep the right to cancel the practice of care if not recommended.

We are at your disposal for more information.

## **OTHER INFORMATION**

Please note that smoking is prohibited in our space. We cannot be hold responsible for lost of valuables brought with you. Any inappropriate behavior during a treatment will put an end to it immediately and it will be invoiced in full. Finally, we invite you to respect the serenity of the place.

## **RELAXATION PERIOD**

The wellness area is open from 9 a.m. to 7 p.m.

*Collection*

SAINT-SIMÉON

**LA FERME DE BIEN-ÊTRE**

20 rue Adolphe Marais - 14600 Honfleur

Open everyday from 9am to 7pm

Booking Informations

+33 (0)2 31 81 78 07

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[www.fermesaintsimeon.fr](http://www.fermesaintsimeon.fr)



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